

Bleakhouse Primary School Relationships and Sex Education Policy

Rationale

From September 2020, primary schools have a statutory duty to include Relationships Education as part of their curriculum. The school believes that this includes friendships and families.

In developing positive relationships, raising confidence and self-esteem, we help prepare the children at Bleakhouse Primary School to tackle the issues of the wider world and in particular those that will affect them as they grow up. Confident children who are aware of the facts about issues related to relationships and sex, are better prepared and more able to make informed choices about these issues.

Aims

- To ensure that SRE contributes to the PSHE and Citizenship curriculum.
- To encourage children to develop confidence in talking, listening and thinking about feelings and relationships.
- To ensure that children can name the parts of the body and can describe how their bodies work and to understand how they change as they grow.
- In the context of Child Protection and Safeguarding children must be made aware of how to recognise and protect themselves from inappropriate behaviour; touching and abuse.
- To prepare children for puberty and to teach them about personal hygiene.

Objectives

- To develop children's confidence and to raise their self-esteem so as to better equip them for the decisions they will face as they get older.
- To develop the positive attitudes of tolerance, respect and responsibility in the context of relationships.
- To develop skills which will help the children to form, develop and sustain relationships with individuals, as part of a family and social groups.
- To improve children's understanding that they and others may experience problems as part of their daily lives and within relationships and to help them to develop skills to address some of these problems.
- To develop an awareness of the world around them and how they can contribute as responsible citizens.

Guidelines

1. The development of positive relationships, confidence and the raising of self-esteem are addressed through the existent provision in the PSHE Curriculum. At Bleakhouse Primary, PSHE lessons follow the Jigsaw Curriculum (please see the Jigsaw Policy for further details). These operate within a wider context rrrr as part of the Spiritual, Moral, Cultural and Social (SMSC) provision and are supported by the behaviour management, and pastoral care systems of the school. (Please refer to these policies for further guidance.)

2. The teaching about the body, its different parts and how it changes is also addressed and supported through the science curriculum.
3. Across the school in Reception to Year 2, the focus of Relationships and Sex Education is understanding family, friendship, anti-bullying and life cycles. In Years 3 and 4, the focus is on the development of relationships. This is taught through Jigsaw PSHE, assemblies and RE.
4. In addition, from Year Four, the children receive input, on Personal Hygiene and Puberty. The School Health service may provide support when required. Parents are invited to view the material before the children are exposed to it.
5. The relationships theme is built upon in Year 6 as part of the transition work undertaken in preparation for High School. Again this is supported by a talk facilitated by the class teachers and/ or through the School Nurse when appropriate.
6. From September 2020 Parents have the right to withdraw their child from any specific Sex Education lesson should they wish to do so. Parents and carers do not have the right to withdraw their child from any aspect of the Relationships Education or Health Education lessons covering the changing adolescent body (puberty).
7. Staff work to support individual children with their concerns in all aspects of SRE.

R. Soudani June 2023